



## Washington Association for Play Therapy

### Business Meeting Minutes

April 6, 2014 4:00-5:00pm

*Present:* Dr. Becky Rudd PhD LMHC,LMFT,RPT-S (President),Cary Mcadams-Hamilton MAMFT,LMHC,RPT-S,(President-Elect) Julianne Lu MA,LMHC-A (Treasurer), Jenny Meline M.Ed, LMHC (Secretary) Megan Whitlock MA,LMHC (Western Washington Committee Chair) Kristen Mueller (Networking Committee)

*Absent* Rosie Newman, Krysttel Stryczek, Shakesha Costict

*Next meeting:* Sunday June 1,2014@ 4:00pm

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#### **I. Announcements**

- A. Introduction of newly elected board members.
- B. President's Vision for 2014-2015
  - a. Becky described the vision for the WAPT. She would like to continue the groundwork initiated by Rosie Newman MA,LMHC (past president) which was educating the public on the definition of play therapy and the importance of its role in counseling our youngest clients (children and adolescents). Rosie and Becky want to continue to do this through the continued scheduled coffee talks on both the eastern and western side of the state, the increased trainings, and the quarterly newsletters that both educate and inform.
  - b. Becky informed the board that WAPT has recently earned the gold branch award which is given to play therapy associations who have shown they are superior in their performance. Affiliation memberships have increased by 80%,Professional memberships have increased by 20% and total memberships have increased by 30%.
  - c. The continued networking meetings have been successful with a full attendance at the last network meeting for the eastern branch on Thursday April 3, 2014. Attendance was so high seats that additional seating needed to be added. Efforts are being made to make Western Washington networking meetings more accessible to members in the large metropolitan area.
  - d. "We would like to have two trainings a year" on each side of the state -Becky.
  - e. There has been a proposal in the past to make the annual conference two days. The first day would be a known presenter with the second day smaller workshops. In the past for workshops a call for proposals was sent out.
  - f. Bylaws have been written.

- C. Technology- For this meeting a trial run of a skype premium account was provided.
  - a. There are three different vendors that were proposed
    - i. Skype \$10.00 a month
    - ii. Cisco \$50.00 a month
    - iii. One other option \$30.00 a month
  - b. Cary moved to use Skype for the Business meetings for WAAPT at a cost of \$10.00 per month as long as the service remained reliable. Jenny seconded the motion. All were in favor. 0 Opposed and 0 abstained. Motion passed.
- D. Website & Email
  - a. [www.A4APT.com](http://www.A4APT.com) Board members will be sent out information on how to access their WAAPT email.
  - b. The list of new members was sent to Becky. Cary offered to contact new members via e-mail to welcome them to WAAPT.
  - c. Stacy will continue to work on the newsletters.

## II. Committee Reports

- A. Eastern Washington Committee Report (Becky Rudd for Shakesha Costict)
  - a. Sand Tray Training
    - i. In lue of absent Eastern Washington Committee chair Shakesha Costict, Becky Rudd proposed that the May 16<sup>th</sup> Sand Tray training to be held in Eastern Washington be hosted at The Service Station. The cost of the venue to include the conference center, refreshments (a.m-coffee, juice, pastries pm-assorted cookies and water ) and audio/visual was quoted as \$859.10 with a budget of \$1000.00.
    - ii. The other venue, center place was quoted as 800.00 for the day and did not include refreshments, was a smaller venue and did not have audio or visual available.
  - b. Cary moved to have the May 16<sup>th</sup> sand tray training at The Service Station under the conditions set forth in the contract from the site. Julieanne seconded the motion and all were in agreement with no one opposed.
- B. Western Washington Committee
  - a. Welcome Meghan Witlock
    - i. Meghan announced that a movie night was scheduled for next week @ 3pm in Fremont - Therapeutic Boundary setting.
- C. Newsletter Committee-Stacy Glover
  - a. May 2014 is when the next newsletter will circulate.
  - b. Ideas were brainstormed such as meet the board and DIY Sandtray.
  - c. In the past there have been 4 newsletters annually minimally were produced. There have been book reviews as part of the newsletters and a shout out for articles.
- D. Networking Committee-Kristen Mueller
  - a. No updates
- E. Graduate student Committee (Krystal & Kelsie)

- a. No updates

### **III. Old Business**

End of the year APT Charter agreement is completed and updated.

### **IV. New Business**

- A. 2015 Annual Conference
  - a. Conference Committee appointment
    - i. Cary McAdams-Hamilton (Chair)
    - ii. Meghan Witlock
    - iii. Krystal Stryczek
    - iv. Two additional individuals were proposed as helper will be asked by Becky if they want to help Linda Lee and Rosie Newman.
  - b. Keynote Speaker availability
    - i. Lianna Lowenstein, MSW,RSW,CPT-S is one speaker that is being looked at for the 2015 spring conference. Currently the dates that are being proposed are March 7 and March 28<sup>th</sup> if the 7<sup>th</sup> is not feasible.

Meeting ended @5pm.