



**Washington Association for Play Therapy
Business Meeting Minutes
October 5, 2014, 7:00-8:00pm**

Members present: Becky Rudd (WAPT president) Meghan Whitlock (Western Washington chair) Julianne Lu (Treasurer) Kristen Mueller (networking committee) Cary McAdaams (president elect) Kelsie Jackson (Grad student rep eastern wa) Jenny Meline (secretary

Members absent: Rosie Newman (past president) Krysstel Stryczek (western wa grad student) Shakesha Costict (Eastern WA committee chair)

I. Health of Washington Association for Play Therapy

- I. Membership Update : One new member added this month.
- II. Initial benefits survey: a huge response to the survey. The majority of interest group are mental health counselors, very few were school counselors. School counselors are a great-untapped resource. We also have been approved as a clock hours to school counselors. Some feedback believed that membership fee was too high however the national membership fee is not anything that we can change. Overwhelmingly 60 to 80 % of reasons that members want to join are networking opportunities and local workshops.
- III. Financial Health (Julianne): email from APT stating that recently we earned \$300 form branch fees. We spent \$300 to sponsor the child and adolescent track at the WCA track. The exhibitor table was also set up. 1478.00 balance.

II. Action Items

- I. Washington Counseling Association (WCA) Sponsorship Track in November.
 - i. **APT Credit:** *Working with Caregivers in Play Therapy and Child Counseling: PHD presenter*
 - ii. **APT Credit:** *What is play therapy anyways:*

- iii. *Parenting teenagers with mental health issues, chronic medical or substance abuse:Becky will be presenting.*
 - iv. *Integrating practice in stress management for adolescents and young adults: not presenting this topic as not APT topic.*
 - v. *Childhood and Adolescent suicidality: What parents and counselors need to know: not APT topic*
- II.** WCA Exhibitor Table (volunteers Needed) Rosie and Meghan will be volunteering for the exhibitor tables.
- III.** Eastern Washington CEU workshop (Jenny): We discussed the theraplay conference being held in Spokane in January at the end of January. Kelsey will be speak to a contact at Eastern. The motion was to approve the theraplay in January 23 or 30 for a 1500.00 fee plus travel fee with a venue fee of \$500.00 for the lowest cost reasonable. Motion approved.
- IV.** Conference Gridlock: North seattle community college was reviewed as a venue. Very reasonable priced. Given the days that are being requested it could be low cost. 306.92 for 10 hours of use. Large room with petition doors \$204.61 for 10 hours of use. So for both days it could be up to 1200.00. Parking availability is significant. Meghan is motioned to continue to look for additional venues.

III. Strategic Issues

- I.** Continuing Education Credits: the only CEU we offer are mental health and school counselor. We are not a NBCC provider, however looking towards NBCC might validate the CEU more. The fee would be \$700 and maybe an item of consideration as we grow. Most board members agreed that it would be a good item to consider. It was motioned to approve to pay the \$700 fee for the NBCC for the initial application.
- II.** Networking meetings
 - i. EW: 10/23 6-7:30pm consultation networking meeting.
 - ii. South Sound: December 9th @ 530pm TBD
 - iii. Seattle: Rosie will host the networking meeting TBD.
- III.** APT Conference Next Week: WA networking

IV. Committee Chair Visions & Updates

- I. Western Washington (Meghan) : would like to get some more action on the networking piece. Meghan will meet with Rosie and solidify the dates and topics.
- II. Eastern Washington (Shakesha) – not in attendance.
- III. Graduate student (Kelsie & Krystel) –Kelsie and Krystel worked together on the survey. Krystel has the final information and numbers on the survey.
- IV. Membership (Kristen)
- V. Becky will be at the national APT meeting in Texas.
- VI. The 7pm time frame for November 2 was approved.
- V. **Board Meeting– November 2, 2014 time TBD**