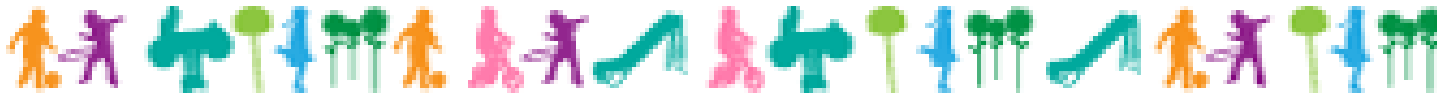




Happy Summer Play Therapists!

Thank you for being a member of the Washington State Association for Play Therapy or for showing interest in learning more. We will provide you with information about local trainings, opportunities to meet other play therapists and play therapy news and a feedback on content you would like to see in future newsletters at [info@wa4pt.com!](mailto:info@wa4pt.com)



Save the Date! WAAPT Fall Conference in Spokane!

We are happy to announce that Clair will be back to present with us again! Clair, along with Holly Willard, co-presented for us back in February of 2014! Both did a fantastic job and we are thrilled to host Clair once again.

October 28th, 2017
 2017 WAAPT Fall Conference
 I Just Can't Help it!
 Attachment Centered Play Therapy to Treat Childhood Disruptive
 Disorders
 with Clair Mellenthin



[Spokane, WA](#)

The rise of Childhood Disruptive Behavior Disorders is cause for concern for therapists, educators, researchers especially children and families. We will discuss and explore the impact of Attention Deficit Disorder, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, and Conduct Disorder in children. Often, by the time parents seek out therapy services for their child, the family system is discouraged, anxious, and most importantly (and often overlooked) ashamed. Parents feel shame for being unable to "parent" or change the undesirable behaviors of ODD, and CD; and the child is shame-ridden for engaging in their "weird" and uncontrollable quirks and though often leads to a family system break down and they enter into a shame cycle which also breaks down their emotional security and attachment with one another.

This workshop will look at how the impact of attachment plays a role in the etiology of childhood disruptive behaviors, as well as how to utilize attachment-based play therapy techniques to treat these diagnoses in children.

strengthen parent-child relationships, and improve overall self-esteem and confidence- leaving the child feeling take on CDBD and tools to control it!

Learning Objectives

- Participants will learn about the etiology of CDBD and best practice interventions
- Participants will learn how CDBD impacts not just the individual, but the family system as a whole
- Participants will learn attachment-based play therapy interventions to treat ADHD, ODD, and CD
- Participants will learn how attachment theory is an important aspect in treating Childhood Disruptive Beh Disorders and developing a treatment plan.

Registration is currently open!

A limited number of discounted rooms are available at the Quality Inn and Suites! Be sure to reserve your room by **September 1** to get the discounted rate of \$89/ night!. Mention the conference when you call to reser discounted rate at (509) 928-5218.

For more information and to register, click [HERE](#).

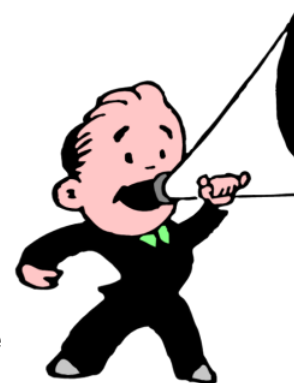
Call for Proposals for WAAPT's Spring 2018 Two Day Conference.

Do you have knowledge and experience in play therapy that others can learn from? Have you experienced suc a particular model or type of play therapy that others may find helpful? Perhaps you have experience with a sp population of children that you can bring to others. WAAPT is now accepting presentation proposals for the 20' Day Annual Conference that is being held March 23 & 24, 2018 with keynote speaker, Nick Cornett, PhD!

Friday will be our multitopic breakout sessions for entry level to advanced clinicians. On Saturday, our keynote Nick Cornett, will be presenting all day.

To send a proposal, please e-mail a curriculum vitae of all presenters, along with the information below to: info@wa4pt.com

- Author(s) brief Biography (45 word max.)
- Workshop Overview (40 word max.)
- Workshop Abstract (250 word max.),
- Learning Objectives (4 objectives required for proposal 1-4 hours; 6 objectives required for proposals 5 hours or longer)
- Citation for 3-5 sources, at least two (2) of which must be published within the past 5 years, that support the content of your program (no more than 1 can be your own)
- Exam questions (5 required)
- Summary (50 words or less) of how this presentation addresses and expands the play therapist's multicultural competency (only if applicable)
- A brief description of how you will use your time (i.e. lecture, PowerPoint, group discussion, experiential, etc.).
- Current vita and picture



Proposals will be accepted through **October 1st, 2017**. Presenters will be contacted regarding the decision of t conference committee by **February 1, 2018**.

Presenters with accepted proposals will receive a complimentary one-day registration fee for Friday March 23,



News from our WAAPT members

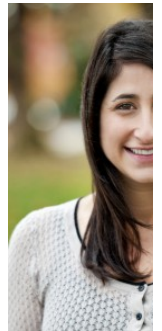


Photo Credit: Thurstontalk- Carrie Bell.

Our former president Cary M. Hamilton was recently featured in [ThurstonTalk](#) highlighting the power of play and healing children with Play T! Promoting WAAPT in our communities is key to educating the public and our communities with the language children understand best. Communities are in well trained counselors in Play Therapy and becoming a member of WA Assc Play Therapy to find approved training and networking with other like minded therapy counselors is the best start. Join [A4PTnow!](#)

WAAPT member and Seattle local, Rosie Newman, MA, LMHC, RPT-S was featured in the June issue of Play Therapy Magazine! Rosie co-authored an article with [Crenshaw PhD, entitled The Crisis of Connection:

Addressing Attachment Problems in Play Therapy. The article speaks to the importance of play therapists recognizing the Crisis of Connection: "When these [attachment] fluctuations are recognized and explored, they are not problematic, rather, they are an opportunity for therapeutic insight and subsequent therapeutic response." (Crenshaw & Newman, 2017, p. 19). Click [HERE](#) to view the full article. If you are not an APT member, consider joining to receive the quarterly issues of Play Therapy Magazine to stay in the loop about what your colleagues are writing in the play therapy community!



Become A Member!

We invite you to join our play therapy community and gain all the benefits of the national branch plus the your local WA branch. [Click Here to Join Us By Becoming a Member Today!](#)

Washington Association for Play Therapy (WAAPT) is a branch of the national Association for Play Therapy (APT). When you become a member of APT, you can choose to automatically become a member of the Washington State branch. National and Statewide Benefits:

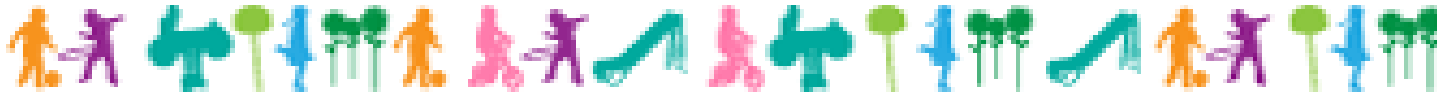
- Subscription to the Semi-Annual Journal, The International Journal for Play Therapy featuring original play therapy research, case studies, theoretical applications, and current practices.
- Subscription to weekly Member Flash to learn about important play therapy and APT news.
- Subscription to quarterly [Mining Reports](#) regarding larger trends, best practices, or the most current wis specific topics.
- Subscription to quarterly [Play Therapy Magazine](#) featuring news, clinical articles, editorials, a leadership directory, advertisements, and information
- Membership Directory and Listing on "[Find A Play Therapist](#)" on the WAAPT website and on the APT v
- Reduced prices at the Annual International Conference and WAAPT sponsored conferences
- FREE professional liability and business office insurance quote via [TRMS](#)
- Distance Learning via the APT website and opportunity to earn APT-Approved CEs
- REDUCED FEE to register for the [Annual Conference](#) at which attendees network with and recognize t achievements of their colleagues and earn play therapy continuing education credit for licensure and play credentialing purposes.
- Opportunity to Receive Professional Credentialing: RPT and RPT-S and discounted rate to apply for or r the [Registered Play Therapist \(RPT\) and Registered Play Therapist-Supervisor credentials](#) which r consumers identify those licensed or certified mental health professionals with specialized play therapy t supervision.



- REDUCED PRICE for rental cars at Hertz, (800) 654-2210. Use code CDP 1774872 to identify yourself as a member.
- Opportunities to gain resources and connect with other Play Therapists across the country through the APT Listserve

Statewide Benefits, WAAPT

- Networking gatherings in the Seattle and Spokane area, including FREE APT-Approved CEs for members
- Discounted rates to register for WAAPT sponsored trainings and events
- E-Newsletter with play therapy tips, events and updates
- Join and meet your local community of play therapists!



WAAPT Where's "The Dude"

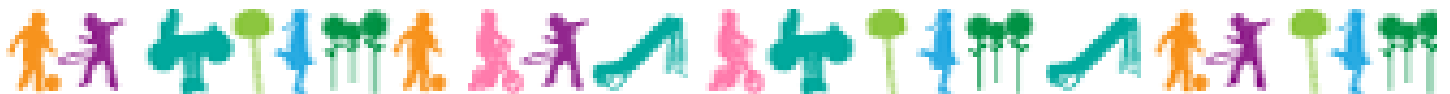


The Play Therapy "Where's The Dude" has been going around the Washington State! Recently, the WAAPT "Where's Dude" was spotted at the Antioch University Seattle 2017 commencement ceremony at Town Hall Seattle.

Here, in the picture are the proud graduates from the Play Therapy Program at Antioch University Seattle that is headed and directed by WAAPT's own former president *Cary M. Hamilton*.

Right to Left: Lisa Brawn, LMFT-A; Zachary Dungca, LMFT-A; and Alexar (Alexa) White, LMFT-A.

Picture credit: Lisa Brawn.



Upcoming Networking Event



The next Networking Event will be held by Daisy Vergara, LMHC on incorporating mindfulness and yoga in the Play Therapy room. Participants will receive 2 **FREE** CEUs. In this networking event, Daisy will be joined together by the Eastside known Yoga teacher, [Pamela Chang](#). She is amazing! You don't want to miss this.

September 23, 2017

"Bringing Mindfulness and Yoga into Play Therapy Room"

Greater Kirkland Chamber of Commerce

440 Central Way, Kirkland, WA 98033

Time: 10:00 a.m.- 12:00 p.m.

The intention of this workshop is to provide mental health practitioners with a basic level of knowledge of how mindfulness and yoga techniques/postures can be integrated into play therapy practice. This workshop will provide information about the benefits of using yoga together with mindfulness with children as well as specific interventions.

can be used in sessions with some examples to describe them in developmentally appropriate manner.

Workshop Objectives: After the workshop participants will be able to:

1. List 3 mental and/or physical benefits of utilizing yoga with children in play therapy practice.
2. Identify 3-5 yoga postures and (how to) integrate these into a play therapy session.
3. Apply at least 1 mindfulness technique in a play therapy session.

Save the date to learn more about Yoga in Play Therapy, meet other play therapists, and earn **2 FREE CEs!**

Newsletter created and edited by Daisy Vergara, MS, LMHC, & RPT in the mak

Washington State Association for Play Therapy, P.O. Box 20053, Seattle, WA 98102

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