

Save the Date! WAAPT Fall Conference in Spokane!

We are happy to announce that Clair will be back to present with us again! Clair, along with Holly Willard, co-presented for us back in February of 2014! Both did a fantastic job and we are thrilled to host Clair once again.



October 28th, 2017
2017 WAAPT Fall Conference
I Just Can't Help it!

Attachment Centered Play Therapy to Treat Childhood
Disruptive Disorders
with Clair Mellenthin

[Spokane, WA](#)

The rise of Childhood Disruptive Behavior Disorders is cause for concern for therapists, educators, researchers, and especially children and families. We will discuss and explore the impact of Attention Deficit Disorder, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, and Conduct Disorder in children. Often, by the time parents seek out therapy services for their child, the family system is discouraged, anxious, and most importantly (and often over-looked) ashamed. Parents feel shame for being unable to "parent" or change the undesirable behaviors of OCD, ADHD, ODD, and CD; and the child is shame-ridden for engaging in their "weird" and uncontrollable quirks and thoughts. This often leads to a family system break down and they enter into a shame cycle which also breaks down their emotional security and attachment with one another.

This workshop will look at how the impact of attachment plays a role in the etiology of childhood disruptive behavior disorders, as well as how to utilize attachment-based play therapy techniques to treat these diagnoses in children, strengthen parent-child relationships, and improve overall self-esteem and confidence- leaving the child feeling ready to take on CDBD and tools to control it!

Learning Objectives

- Participants will learn about the etiology of CDBD and best practice interventions
- Participants will learn how CDBD impacts not just the individual, but the family system as a whole
- Participants will learn attachment-based play therapy interventions to treat ADHD, ODD, and CD
- Participants will learn how attachment theory is an important aspect in treating Childhood Disruptive Behavior Disorders and developing a treatment plan.

Registration opens July 1st!

For more information and to register, click [HERE](#).

Call for Proposals for WAAPT's 2018 Two Day Conference.

Do you have knowledge and experience in play therapy that others can learn from? Have you experienced success with a particular model or type of play therapy that others may find helpful? Perhaps you have experience with a specific population of children that you can bring to others. WAAPT is now accepting presentation proposals for the 2018 Two-Day Annual Conference that is being held March 23 & 24, 2018 with keynote speaker, Nick Cornett, PhD!

Friday will be our multitopic breakout sessions for entry level to advanced clinicians. On Saturday, our keynote speaker, Nick Cornett, will be presenting all day.

To send a proposal, please e-mail a curriculum vitae of all presenters, along with the information below to: info@wa4pt.com

- Author(s) brief Biography (45 word max.)
- Workshop Overview (40 word max.)
- Workshop Abstract (250 word max.),
- Learning Objectives (4 objectives required for proposal 1-4 hours; 6 objectives required for proposals 5 hours or longer)
- Citation for 3-5 sources, at least two (2) of which must be published within the past 5 years, that support the content of your program (no more than 1 can be your own)
- Exam questions (5 required)
- Summary (50 words or less) of how this presentation addresses and expands the play therapist's multicultural competency (only if applicable)
- A brief description of how you will use your time (i.e. lecture, PowerPoint, group discussion, experiential, etc.).
- Current vita and picture



Proposals will be accepted through **October 1st, 2017**. Presenters will be contacted regarding the decision of the conference committee by **February 1, 2018**. Presenters with accepted proposals will receive a complimentary one-day registration fee for Friday March 23, 2018.



Help WAAPT Sponsor HOCM!

By Cary Hamilton, MA.MFT, LMHC, CMHS, RPT-S



Check it out [HERE!](#)

Washington State Association for Play Therapy is now a sponsor at one of the premiere children's museums in Washington State! The [Hands on Children's Museum](#) (HOCM), located in Olympia, WA facilitates learning, social, and skill-building development for children of all ages and backgrounds. HOCM fosters a sense of curiosity, creativity, and growth through engaging, interactive exhibits and programs for children, families, and school based groups. The museum is a 501(c)(3) non-profit organization that serves approximately 100,000 visitors each year, and encourages experiential learning exercises that foster healthy brain development. This museum also offers free and reduced museum access programs, free field trips, military family support, and

parent/child classes. WA-APT is honored to sponsor HOCM with a Recycled Art exhibit in the Art Studio, which is one of the most popular spaces at the museum. This 5-year sponsorship will promote WA-APT play therapy services for children and families that attend HOCM, and share the healing power of play therapy.

Visit our exhibit at Hands on Children's Museum today! Donate \$10 to help us keep WAAPT a sponsor [HERE!](#)

Welcome Your 2017-2018 Board Members!

Our board member positions are from April to April each year. Please welcome your new 2017-2018 board members! You'll see some familiar names and faces as well as some new names and faces, which we are so excited about! This is an all volunteer board, so please give these talented and passionate folks a round of applause for being able to find time in their busy lives to come up with such awesome networking meetings, conferences, and more!

We are always looking for folks to join the board, whether it be in the positions listed on our website or in new roles. If you have a role/position in mind, please feel free to [contact](#)



[us!](#) We're constantly striving to find ways to grow and bring play therapy to Washington! Click [HERE](#) if you'd like to read more about your board members!



President's Message

I am very excited for the upcoming year as the President of the Washington Association for Play Therapy (WAAPT). Our branch is thriving! We have maintained our Gold Branch status, an award that is reserved for distinguished state branches. We have provided members with valuable membership benefits such as newsletters, networking meetings, conferences and workshops with CEU opportunities, outreach and advocacy. Thanks to the amazing work of my predecessor, Elizabeth, our branch is one of the fastest growing branches in the country.



My vision for the 2017/2018 term as president is to continue the excellent member benefits as well as continue to inform and educate the community on the powers of play. I also plan to:

- * Provide a one day conference in October 2017
- * Provide a two day conference in March 2018
- * Increase awareness of play therapy and number of therapists on track for obtaining their RPT credential in Eastern Washington
- * Increase membership and student involvement
- * Increase networking opportunities

As our branch grows, your membership and involvement is important for our continued success. If you have yet to become a member or need to renew membership, please consider membership by visiting www.a4pt.org.

I look forward to the coming year!

Warmly,

Annie Merriman