

Newsletter

ISSUE NO 3 DECEMBER 2019





Message from the President:

"'TIS THE SEASON and in the name of WAAPT, I would like to wish you a Safe and Happy Holiday Season and a Peaceful and Prosperous New Year!"

Yours sincerely,

Andrea Kunwald, MA, LMFT, RPT



Read to Find Out About

Spring Conference 2020
January Network Meeting
Interventions for the Playroom

Spring Conference 2020

March 20th and 21st



Proudly Introducing:

Yumiko Ogawa, Ph.D., LPC, ACS, RPT-S, CCPT-S, CPRT-S

Presenting:

"Play Therapists without Borders: Promoting Play Therapists' Multicultural Orientation"

Description:

According to the U.S Census in 2009, more than half of all children in the U.S. by 2025 will be minority children. This wave of diversity is reflected in our clinical setting and it is becoming immensely more necessary for play therapists to be multiculturally oriented. In this one day workshop, the presenter will discuss topics which can help play therapists be more attentive to cultural interpersonal dynamics between them and their child clients in order to conduct and conceptualize play therapy sessions more effectively. Those topics covered in this workshop include but are not limited to multicultural orientation of play therapists, cultural identity development in children, culturally responsive play therapy room, and cultural opportunities in play therapy.

Learning Objectives:

At the end of this workshop, the participants will be able to:

- Describe at least three ways to create a culturally responsive play therapy room
- Identify three pillars of multicultural orientation that should be demonstrated by play therapists
- Name three factors that affect children's racial/ethnic identity development
- Name three components of a play theme in play therapy
- Identify at least three elements that help play therapists effectively respond to cultural opportunities in play therapy.
- Give three examples of how cultural issues in play therapy may come up in play therapy supervision.

More information about the breakout sessions and location of the conference will be announced in the January Newsletter.

Are you interested in presenting at our Spring Conference?

Please review the guidelines on our website and send you proposal to:

info@wa4pt.com.

Deadline is January 1st.

Go to https://wa4pt.wildapricot.org/ to register

Register Here



January Network Meeting

Topic:

Parent Sessions - And Everything that is involved in it.

When:

Thursday, January 23rd

Time:

7pm - 9pm

Location:

1417 NW 54th Street, Ste 307 Seattle WA, 98107



Interventions for the Playroom

"Using scribbles to create spontaneous imagery"

by C. A. Malchioldi, ATR, LPCC

There are multiple ways and adaptations of doing this expressive art technique. I usually do this with children 9 years or older because it is a little more directive. You will need two pieces of paper, two clipboards and two different colored markers, one for each person. Sit opposite of each other, fasten the paper onto the clipboard and chose one of the colored markers. Now, each person makes one scribble on their paper and then hand it to the other person to make a picture out of the scribble. Once both of you have finished your picture, you take turns to tell the story of your picture. This intervention fosters creativity, emotional regulation, release of unconscious fantasies and thoughts.

permission to share it. We will then post it in one of our newsletters.

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